



**FOR IMMEDIATE RELEASE:**

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Media Contacts:



**EVERY STEP COUNTS FOR LIVINGWELL**

LivingWell Cancer Resource Center, part of Northwestern Medicine, will hold its 14<sup>th</sup> Annual Bridge Walk on Saturday, May 18, 2019 at Fabyan Forest Preserve in Geneva, IL (Route 31). The event, a 5K walk along the Fox River, will begin at 8 a.m.

The Bridge Walk is a family-focused event that welcomes people of all ages to come together to raise money and awareness for LivingWell Cancer Resource Center. Pets and strollers are welcome, and participants will enjoy food, refreshments and entertainment.

Interested individuals are invited to create teams of friends, family members, neighbors and co-workers who will help to raise critical funds in support of LivingWell's 120-plus programs and services. Provided free of charge, LivingWell's offerings include networking and support groups, educational programs, mind-body fitness classes, youth programs, art classes and psychological and nutritional counseling. All proceeds from the Bridge Walk will benefit these and other services at LivingWell.

The only comprehensive cancer care center in the western suburbs, LivingWell has served the needs of more than 24,000 people, providing services that encourage, educate and emotionally support people living with cancer, as well as their family members, caretakers and friends.

There is a \$25 registration fee for adult participants (ages 13 and up) in the Bridge Walk, and a \$15 fee for children ages 7-12, while children age 6 and younger, as well as cancer survivors, need to pay no fee at all.

A special thanks to Kick-A-Thon and Gerald Subaru for their sponsorships at the \$25,000+ level, and to Parent Petroleum and STC Capital Bank for their sponsorships at the \$10,000 level. Other sponsors for this year's Bridge Walk include All of Us Research Program, Radiation Oncology Consultants, Ltd. and the Hansen-Furnas Foundation.

To register, to create a team or to make a donation to the 14<sup>th</sup> Annual Bridge Walk, please visit [giving.nm.org/2019livingwellbridgewalk](http://giving.nm.org/2019livingwellbridgewalk) or call 630-262-1111.

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**About LivingWell Cancer Resource Center**

*LivingWell Cancer Resource Center is a community-based, not-for-profit center dedicated to improving quality of life for people diagnosed with cancer and for their loved ones. All programs and services at LivingWell are provided free of charge. For more information about LivingWell Cancer Resource Center, please call 630.262.1111 or visit [www.livingwellcrc.org](http://www.livingwellcrc.org). LivingWell is located at 442 Williamsburg Avenue in Geneva, Illinois, and is an affiliate of Northwestern Medicine.*